



Transgender Healthcare



When it comes to transition-related healthcare, it can be difficult to get answers to the questions you may have regarding your care. Questions about your health insurance coverage, a doctor's experience level, procedures available to you, or even costs can leave you feeling unsure about what to do next. With Health Advocate, you have access to a team of experts that can support you before and after your transition. Health Advocate can help:

Before transition:

- **Review your insurance coverage** for trans-related procedures
- **Explain in- and out-of-network costs** for providers and services
- **Locate Centers of Excellence** that specialize in providing transgender care
- **Speak directly with the consulting physician** to ensure that the doctor fully understands your needs
- **Support you by informing you about the doctor's experience** and approach to care
- **Clarify your share of the costs** including deductibles, co-pays and coinsurance
- **Schedule the earliest available appointments** and obtain needed referrals
- **Interact with your primary care doctor** and insurance plan

After transition:

- **Act as an ongoing resource for you and your family**, to answer questions and help resolve benefits or insurance issues
- **Review and explain your medical bills**, and make sure that the charges match up to the services received
- **Attempt to negotiate a lower fee** on a medical bill



We're here when you need us most

Health Advocate is committed to embracing diversity, equity and inclusion as we provide personalized support to improve your health and well-being.

Connect with us today.



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